

U-TURN PRESENTS...



Summer Speaker Series

FOUR DATES IN AUGUST

OPEN TO THE PUBLIC

Each of our sessions will be 20-30 minutes in length.

Sessions will include a question and answer portion.

Series designed so speakers can share their story, express to the kids life lessons they learned through their sport, and provide a clear picture on how those lessons positively impact their lives today.

Free to the Public!

Located at U-TURN Sports Performance Academy.

*2101 Maywill St.
Richmond VA
23230*



TIM BLACK

Former Atlee HS and Barton College standout now playing overseas professionally in Europe

August 4, 1pm

Bon Secours Athletic Trainer

Trainer will discuss injury prevention, nutrition and overall healthy lifestyle that athletes need in order to perform at their highest potential.

August 6, 1pm



Travis Watson

Former UVA star currently playing professionally in Lithuania

August 9, 1pm

Nan Lawson

James River High School's former #1 Singles in Tennis, UVA Grad and Teacher in Chesterfield County

August 12, 1pm



Questions???

CONTACT ANNA PRILLAMAN

804-358-2775 EXT. 35, ANNA@U-TURN.ORG