



**OUTREACH**



# HOMESCHOOL Physical Education

**Starting Friday, September 23, 2011**  
Classes throughout school year on Fridays from 1:30-3:00pm

## Fall Sessions

9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/04, 11/18

### Students 11+

Volleyball, Football, Soccer, Tennis and Basketball

### Students ages 6-7 & 8-10

Football, Soccer, Tennis and Basketball

### Students ages 3-5

Musical movement activities and  
15-20 min. intro. to Football, Soccer, Tennis, Bowling and Basketball

**There will be a 15 minute Bible study at the end of each session.**



**Nutritious & Delicious food available at U-Turn Café!**  
**Parents can exercise in U-Turn's Adult Fitness Center and  
access wireless internet for FREE!**

**\$64 per child**

\$57.60 for each additional sibling

**REGISTER ONLINE AT [WWW.U-TURN.ORG](http://WWW.U-TURN.ORG)**

**For more information, please contact Sally Fotovat  
[sally@u-turn.org](mailto:sally@u-turn.org) or 804.358.2775 x32**

## TRAINING CHAMPIONS FOR LIFE!

**U-TURN SPORTS PERFORMANCE ACADEMY**  
2101 Maywill Street · Richmond, VA 23230 · 804.358.2775  
U-TURN — Our Mission is to help maximize young people's lives by providing superior athletic training and sound biblical guidance.

**[www.u-turn.org](http://www.u-turn.org)**