



U-TURN
TENNIS

INSTRUCTOR

DIRECTOR OF
TENNIS

Jenna Gollub
804.358.2775 ext. 34
jenna@u-turn.org

NC Wesleyan College
(2003-7)
1st Team All Conference
(Junior yr)
2nd Team All Conference
(Senior yr)
MVP (2004-7)
Four Year Senior Award
Saint Gertrude HS
#2 seed all 4 yrs

Student athlete

CAMPS INCLUDE

- U-TURN staff/trainers
- Visiting collegiate student-athletes
- Lunch

U-TURN TENNIS

Summer Camp 2010



"HOT SHOTS" CAMP

4-week camp for beginners or intermediate players!

Players will learn:

- Forehand/backhand
- Proper grips
- Volleys
- Ready position
- Serves
- Basic footwork
- Scoring/basic match play
- Sports specific strength & conditioning

- ✓ Combining all skills to play in the end of the camp tournament!
- ✓ Great for new player who want to play for a middle school team or league!
- ✓ Give your child the opportunity to learn a sport that they will be able to play for life!



Call **U-TURN** Director of Tennis, Jenna Gollub, for more details.

"ACES" CAMP

4-week camp for players who want to take their game to the next level!

Players will learn:

- Controlled match play
- Serve (flat/slice/kick)
- Match preparation
- Overheads

- ✓ Great for those who want to make a HS team or improve their spot on the team ladder*
- ✓ Players will be able to apply skills in tournament at end of camp tournament!

U-TURN TENNIS

HOT SHOTS Camp		Ages 10 - 13 June 28 - July 23 Mon - Fri 9 AM - 4:30PM			
4- Week Camp: \$750	1-Week: \$200 ▶	WK 1: Jun 28 - Jul 2		WK 3: Jul 12 - 16	
		WK 2: Jul 5 - 9		WK 4: Jul 19 - 23	
ACES Camp		Ages 14-16 August 2 - 27 Mon - Fri 9 AM - 4:30PM			
4- Week Camp: \$750	1-Week: \$200 ▶	WK 1: Aug 2 - 6		WK 3: Aug 16 - 20	
		WK 2: Aug 9 - 13		WK 4: Aug 23 - 27	

Early morning drop-off **7:30 AM** Late pick-up **5:30 PM**

REGISTER ONLINE AT WWW.U-TURN.ORG

A nonrefundable deposit of just \$25 will reserve your spot!

U-TURN SPORTS PERFORMANCE ACADEMY ♦ 2101 Maywill Street ♦ Richmond, VA 23230 ♦ 804.358.2775

Each registered athlete will receive a complimentary sports bag and t-shirt.

\$10 off for each additional family member! Contact customer service (ext. 32) for details.

U-TURN TENNIS Summer Camps 2010

REGISTRATION AND PARENT/GUARDIAN INFORMATION

Athlete #1: _____ Age: _____

Athlete #2: _____ Age: _____

Athlete #3: _____ Age: _____

Parent/Guardian: _____ Daytime Phone: _____

Address: _____ Home Phone: _____

City, ST ZIP: _____ Email Address: _____

HOT SHOTS CAMP					ACES CAMP					SUBTOTAL FOR EACH ATHLETE
\$750	\$200				\$750	\$200				
4-WEEK	WK 1	WK 2	WK 3	WK 4	4-WEEK	WK 1	WK 2	WK 3	WK 4	\$
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$
TOTAL AMOUNT ENCLOSED										\$

Mail this form with a check made payable to: **U-TURN Sports Performance Academy** ■ Attn: Jenna Gollub ■ 2101 Maywill Street ■ Richmond, VA 23230